Trust you are settling well into the new school term. Yes, sometimes it is hard switching from holiday mode to school mode but you know what? It's worth it. Remember that you are taking a step forward towards achieving your dreams. There is nothing like getting a good education, it gives a good foundation for the rest of one's life. In this quarter's edition are helpful tips on how to stay safe during the ember months, riddles, tongue twisters and lots more.

Tips to help you stay safe.

The 'Ember Months' Are Here-Stay Safe This Last Quarter

The last four (4) months of the year i.e. September, October, November and December are often referred to as the 'ember months'. It is generally believed that criminal activities are usually on the increase during these months. In order not to fall victim of any crime, you will need to stay vigilant and take safety precautions. Here are a few tips to help you stay safe throughout the ember months.

1: Know Your Name, Number and Address:

You may think you are young but it is important you know basic contact details like your name, your parent's name and contact number. You should be able to share your parents' contact numbers with someone, in case of an emergency.

Also, knowing where your home is and any nearby landmark is also important. Memorize these with regular practice at home. Also, it is good to memorize a backup number to call, like a grandparent, uncle or aunt.

2: Do not Eat Anything Given To You By a Stranger: No matter how tempting the treat is, if it comes from a stranger, you should not eat it.

It is dangerous to accept food from anyone. Politely refuse in case someone is offering food without your parent's consent or in their absence. 3: Do not Climb Over The Fence:

You may be playing ball and suddenly it bounces off over a fence. Never try and retrieve something by climbing over a fence. If something like this happens, ask for the help of a grown up, but never attempt to retrieve the item on your own.

4: Do not Walk Off The Yard Alone:

It is not safe to do this. Especially at night. Know that it is not permissible to walk out of your yard alone. If you need to go out for anything, a known adult or your parent should accompany you at all times.

5: Do not Your Share Address and Phone Details with Anyone (Except in situations as in Rule#1):

It is unsafe to share personal details like phone numbers, address, email ids or pictures with strangers. Any information that is shared should only be with your parent's consent. It is important that you know these basic safety rules as it will help you not just during the ember months but through your journey in life.



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A rich man had only one son. The son fell into bad company. He developed many bad habits. The man was much worried about the habits of his son. He tried his best to mend his habits but he could not succeed. One day he thought of a plan to teach his son a lesson.

He went to the market and purchased some fresh apples and a rotten one. He came back to his home and called his son. He asked his son to put all the apples along with the rotten one in a wardrobe.

The son did the same. After some days, the father asked his son to bring the apples. As he opened the door of the wardrobe he was surprised to note that all the apples had become rotten. He felt sad. At this, his father told him to see how one rotten apple had spoiled all the rest.

In the same way one bad companion could spoil all others. The father's advice had the desired effect. The boy gave up bad company and became good

Moral: Make friends with good people of like minds and not those that will corrupt you. Better to be alone than in bad company!

Sent in by Ruth Ogbonna



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· What gets whiter the dirtier it gets?

· Name a city where no one goes?

*Answers are on the notice board below.

TONGUE TWISTERS

- Black bugs blood
- Good blood, bad blood
- Specific Pacific Selfish shellfish

How fast can you find the Family Fortune Promo Rewards in the puzzle below:

MDFKPHHXSJMM HOUSE FURNITURE GOTY DECODERS CAR TELEVISION MOVIE TICKETS GENERATOR HOME THEATRE POWER BANKS. FAMILY VACATION DSTV DATA BUNDLE SCHOLARSHIPS SHOPPING SPREE MOBILE PHONES MEJ

